



**NO LACTOSE
NO GLUTEN
NO GAS**



**THE WORLD'S MOST ADVANCED
PHARMACEUTICAL GRADE
PROTEIN FORMULA**

**LACTOSE
FREE**

**GLUTEN
FREE**

**NUT
FREE**

**KOSHER
CERTIFIED**

QUATTRO

KEY PHARMACEUTICAL GRADE INGREDIENTS

MAGNUM QUATTRO™ IS THE PERFECT PROTEIN POWDER.

Using only the most effective Pharmaceutical Grade Protein Isolates, Magnum Quattro™ delivers a quick flood of protein to your bloodstream, as well as a medium-and slow-flow to create a nitrogen balance that lasts all day, facilitating the perfect environment for lean muscle creation. With the addition of Organic Flaxseed and CLA (Conjugated Linoleic Acid), Magnum Quattro™ further contributes to an optimal metabolic rate, stored fat utilization, and muscle recuperation and growth. Magnum Quattro™ is also Kosher certified, gluten free, lactose and nut free, guaranteeing zero gas or bloating. Whether shaking, blending, or baking, Magnum Quattro™ is the fuel you need to attain the results you desire.

WHEY PROTEIN ISOLATE 90%+

An isolated protein that absorbs faster, has fewer impurities and minimal carbohydrates and fats. Most companies use a less expensive form of whey called concentrate which has a higher percentage of lactose and dairy fats, usually causing gas and bloating. High quality whey protein isolate helps muscles recover and grow faster by increasing the body's protein levels within one hour.

MILK PROTEIN ISOLATE 90%+

Occurs naturally in cow's milk and includes a natural combination of 80% casein protein and 20% whey protein. Casein protein synthesizes in the body much slower than whey protein, taking up to seven hours to fully release into the blood. Many people use milk protein isolate as a diet supplement or meal replacement as it's a slower releasing protein.

PART OF:

FIT STACK



MICELLAR CASEIN 85%+

An extremely slow digesting and rich protein source that continues to fuel muscles long after other protein sources. Studies with this undenatured form of isolated casein show it to sustain steady amino acid elevations for an incredible six to seven hours, providing a strong anti-catabolic effect.

EGG PROTEIN ISOLATE (EGG ALBUMIN)

Considered the most perfect source of protein by many because its amino acid pattern almost perfectly matches that needed for human growth and enhanced cell repair. The mixture of proteins found in egg isolate are digested at a medium rate of 3 to 4 hours.

Pure & Simple 2lb

Supplement Facts

	Amount per serving	% Daily Value
Calories	130	
Total Calories From Fat	9	0%
Total Fat	1 g	1%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Total Carbohydrates	0.5 g	0%
Dietary Fiber	<1 g	2%
Sugars	<1 g	
Protein	30 g	60%
Vitamin A	0 mg	0%
Vitamin C	0 mg	0%
Calcium	150 mg	15%
Iron	<1 mg	2%
Sodium	60 mg	3%
Potassium	200 mg	6%

† Daily Value not established • Percent Daily Values are based on a 2,000 calorie diet

Other Ingredients: Magnum Quattro™ 4-Stage Matrix (Whey Protein Isolate 90%+, Milk Protein Isolate 90%+, Micellar Casein 85%+, Egg Protein Isolate), Organic Flaxseed, Bromelain (Digestive Enzyme).

